

Why Continuous Extract Ventilation is the Best Choice for Your Bathroom

When it comes to keeping your bathroom fresh and mould-free, the choice of ventilation system can make a big difference. Let's dive into why continuous extract ventilation systems are the way to go, especially compared to intermittent systems.

What's the Difference?

Continuous Extract Ventilation

These systems run all the time, quietly removing stale air and moisture from your bathroom. Think of it as a constant breeze that keeps things fresh, even when you're not using the bathroom.

Intermittent Extract Ventilation

On the other hand, intermittent systems only kick in when you turn them on—usually during or shortly after a shower. This means they can leave moisture lingering in the air, which can lead to problems down the line.

Why Go Continuous?

1. Better Moisture Control

Bathrooms are prone to humidity, especially after showers. Continuous systems work around the clock to keep moisture levels down. They remove humidity even after you're done bathing, preventing that sticky feeling and stopping mould from taking hold. Intermittent systems, however, often leave moisture behind, which can lead to mould growth on walls and ceilings.

2. Regulatory Compliance

Building regulations are there for a reason: to keep us safe and healthy. Continuous systems meet these regulations easily. They provide a steady airflow that keeps your bathroom compliant with the latest standards, which is especially important if you're planning to sell your home or have inspections.

3. Energy Efficiency

You might think that running a fan all the time would be expensive, but continuous systems are designed to be energy-efficient. They use less power than intermittent fans because they operate quietly in a low mode most of the time. When humidity spikes, they boost their power for a short period. Intermittent systems, however, often use more energy because they can't keep up with humidity levels effectively.

4. Quiet Operation

Nobody wants a noisy fan disrupting their peace, especially in a bathroom. Continuous systems are designed to be whisper-quiet, making them perfect for homes where comfort is key. Intermittent

fans, on the other hand, can be loud, especially when they start up or run at full power.

5. Low Maintenance

Continuous systems often have features that help them stay clean and efficient over time, reducing the need for regular maintenance. Intermittent systems can require more frequent cleaning and filter changes, which can be a hassle.

6. Cost-Effectiveness

While the initial cost of a continuous system may be higher, the long-term savings are significant. You'll spend less on energy bills, and you won't face the costly repairs associated with mould and dampness. Intermittent systems may seem cheaper upfront, but they can lead to expensive problems down the line.

Conclusion

When it comes to bathroom ventilation, continuous extract systems like the VENTI ARIA stand out as the best choice. They offer superior moisture control, comply with building regulations, are energy-efficient, operate quietly, require less maintenance, and save you money in the long run.

If you want a fresher, healthier bathroom, investing in a continuous ventilation system is a smart move. Your home—and your peace of mind—will thank you!