

# What is the Approved Document F(1) (Part F)?

## Approved Document F (Part F) Solved: The Compliance Guide That Protects Your Home, Health, and Aesthetics

**Stop The Compromise.** You shouldn't have to choose between a healthy, energy-efficient home and a flawed aesthetic.

### The Price of Part F: Why Mandatory Trickle Vents Vandalize Good Architecture



You invested in slimline windows for light, clarity, and *unbroken lines*. But Part F demands ventilation, which often results in a stubby, plastic **trickle vent** being stapled across the head of the frame. It's like a **scab on clear skin**—it ruins the very aesthetic you paid for.

VENTI shows you how to achieve **guaranteed, code-compliant airflow** while keeping your windows **untouched**. **Keep the glass, ditch the ugly trickle vent.**

### Need to Satisfy Building Control? Stop Debating, Start Delivering.

Local Building Control often questions how single-room MVHR meets Part F. Don't get dragged into the debate—hand them the evidence. Download a **specimen VENTI Ventilation Strategy (Your Air Passport)** to see the clause-by-clause rationale, room-by-room schedule, and clear commissioning evidence that guarantees **hassle-free approval**.

[□ Download Specimen Air Passport PDF](#)

### What Part F is Really Trying to Prevent in Modern, Airtight Homes

- **The Problem:** The airtight homes we design to save energy (Part L) can slowly turn into a **damp, unhealthy box of condensation, mould, and hidden rot** if ventilation isn't perfect. Part F is the mandatory shield against this **"airtight guilt."**
- **The Statutory Definition: What is Approved Document F(1)?:** Approved Document F (Part F) is a statutory document that provides the UK's minimum standards for

**ventilation in dwellings.** It outlines the requirements for system design and airflow rates, ensuring adequate indoor air quality, reducing condensation, and preventing mould growth. Compliance is essential for **new builds, extensions, and residential retrofits.**

## Key Ventilation Strategies Under Part F (And Where They Fail)

- **Natural Ventilation (Trickle Vents):** Relies on passive airflow. **The Failure:** They are often inadequate in airtight homes, **visually intrusive** on slimline windows, and users often keep them shut, eliminating the required airflow.
- **Whole-House MVHR:** Provides continuous, ducted ventilation. **The Failure:** Ducting is invasive and often impractical for the **refurbishment, retrofit, and extension** market.
- **VENTI's Ductless Solution (Part F, Method 1 & 3):** We specialise in **single-room (decentralised) heat recovery ventilation** for habitable rooms, paired with continuous dMEV for wet rooms. This ductless approach creates a compliant **whole house ventilation system** perfectly suited for refurbishment.

## Spec-Lock: Protecting Your Investment from Silent Substitution

- **The Fear:** You fear your installer will substitute a cheap, noisy fan for the high-performance system you specified, compromising your comfort and health.
- **The VENTI Promise (Revised):** We secure your comfort by locking the specification through **rigorous, auditable documentation.** Our **Ventilation Strategy (Air Passport)** is a room-by-room schedule that specifies the **exact VENTI model** and required airflow for every location. This documentation serves as the mandatory, auditable spec that must be met to satisfy Building Control. **We don't just sell parts; we sell a locked system, supported by evidence, that ensures your installer must honour the quiet, efficient performance you paid for.**

## Part F Compliance for Kent, Surrey & Sussex Renovations.

- **Local Focus, National Expertise:** We specialise in helping high-value residential projects across the South East (Kent, Surrey, Sussex) navigate the Part F/Part L demands of airtight refurbishments. Our **Ventilation Strategy** is specifically tuned for properties where **slimline aesthetics** are paramount.

## Ready for Confidence in Every Breath?

- Stop guessing if your home is breathing properly. Choose the system that delivers **certified comfort and guaranteed performance**—without compromising your aesthetic.
- **Next Step:** Request a consultative call. We review your floorplan and draft a comprehensive **Ventilation Strategy Air Passport** to ensure you achieve Building Control approval smoothly, wherever you are in the UK.

## Book a Free Consultation & Ventilation Strategy Review